



# KEVIN MEHNERT

MBA

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Training Specialist,  
Children and Family Services  
**Merakey**

## BIO

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Kevin Mehnert is a Training Specialist in the Merakey Children and Family Services Division. Kevin studied psychology at Penn State University and received a Master of Business Administration in Healthcare Systems Administration from DeSales University.

Working in the behavioral health field for over 20 years, Kevin has developed a focus on recovery-oriented practice, trauma-informed care, and empowering organizational vitality with evidenced-based workforce development. Through his work with trauma-informed care industry leaders, Kevin learned of the profound impact stress physiology serves in the lives of healthcare professionals and in turn the effectiveness of healthcare organizations, which led to him becoming a Certified Workplace Mindfulness Facilitator.

Kevin developed and implemented a workplace mindfulness program at Merakey where he facilitates a regular mindfulness practice for Merakey employees.

