Stepping Stones and Stepping Stones Plus

The Stepping Stones Program has a 3:1 ratio, maintained at all times to facilitate engagement in a variety of therapeutic activities. Staff work with participants in both structured group settings and community integration activities. Sessions are grouped by age and can serve ages 3 to 18 years old. Participation must be deemed medically necessary by a licensed evaluator and may be prescribed a maximum of 15 hours per week. Individuals recommended to the program must have Autism Spectrum Disorder or Social Pragmatic Communication Disorder.

Stepping Stones Plus Program

Merakey Stepping Stones Plus Program is offered to children/adolescents ages 3-20 years old, who are diagnosed with autism. Ratio is individualized per participant. Participation must be deemed medically necessary by a licensed evaluator and may be prescribed a maximum of 25 hours per week, up to 6 hours a day.

Targeted Skills

- Peer relations
- Compensatory strategies
- Positive communication
- Interactive play skills
- Transitioning
- Joint attention
- Social referencing
- Environmental awareness
- Tolerance to spontaneous events

- Generalizing skills and knowledge
- Pragmatic language
- Transfer of skills to natural setting
- Follow multi-step instructions
- Leadership skills
- Safety awareness skills
- Multi-sensory activities
- Self-awareness
- Problem solving

855-530-4853

Merakey is a leading developmental, behavioral health and education provider offering a breadth of integrated services to individuals and communities across the country. We leverage our size and expertise to develop innovative solutions and new models of care to meet the needs of individuals, their families, public and private healthcare funders and community partner organizations. We recognize that complex needs require a holistic approach. With our experience, expertise and compassion, we empower everyone within our communities to reach their fullest potential.

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